

Name: _____



Learn About Yourself Inventory Worksheet

Log onto collegeforTN.org, under the Learn About Yourself tab, take the three inventories. After you learn what are your interests, values and skills complete the worksheet below.

What are your interests?

| Interest Area | Percent % |
|---------------|-----------|
| Conventional | |
| Artistic | |
| Enterprising | |
| Investigative | |
| Realistic | |
| Social | |

#1 Interest: _____

List 3 interest characteristics that are similar to you

- 1.
- 2.
- 3.

List 3 related careers:

- 1.
- 2.
- 3.

#2 Interest: _____

List 3 interest characteristics that are similar to you

- 1.
- 2.
- 3.

List 3 related careers:

- 1.
- 2.
- 3.

#3 Interest: _____

List 3 interest characteristics that are similar to you

- 1.
- 2.
- 3.

List 3 related careers:

- 1.
- 2.
- 3.

What are your values?

| Value | Percent % |
|---------------|-----------|
| Independence | |
| Support | |
| Environment | |
| Achievement | |
| Recognition | |
| Relationships | |

#1 Value: _____

List 3 interest characteristics that are similar to you

- 1.
- 2.
- 3.

List 3 related careers:

- 1.
- 2.
- 3.

#2 Value: _____

List 3 interest characteristics that are similar to you

- 1.
- 2.
- 3.

List 3 related careers:

- 1.
- 2.
- 3.

#3 Value: _____

List 3 interest characteristics that are similar to you

- 1.
- 2.
- 3.

List 3 related careers:

- 1.
- 2.
- 3.

Skills You Might Want To Learn

| Skills | Description |
|--------|-------------|
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |
| | |

What are your learning styles?

#1. Learning Style: _____

- This means I learn best by: _____

#2. Learning Style: _____

- This means I learn best by: _____

#3. Learning Style: _____

- This means I learn best by: _____